AUDIENCE: School Auxiliary Personnel (Janitor, Canteen Staff, Maintenance Staff, Concessionaires et al.)

TOPIC: Work finds its fulfillment in Resting with the Lord: Eucharist and Sunday Rest

PROBLEM: How to teach the value of Eucharist and Sunday rest to school personnel (workers in general) as an act of thanksgiving for the work they have.

LEVEL: College Undergraduates to Elementary Undergraduates

KIND OF MATERIAL: Recollection

TIME FRAME: Half Day (8:00 AM – 1:00 PM)

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<th>CHRISTIAN MESSAGE</th>
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| **W:** The Eucharist is the best expression of our gratitude/thanksgiving as resting in the Lord. | **Halina Lumapit sa Akin-Danny Isidro, SJ and Nemy Que, SJ** Bata sa Mt. 11:28-30  
**Sa Diyos Lamang Mapapanatag-Danny Isidro, SJ and Nemy Que, SJ** Bata sa Salmo. 62 & 23 |  
- “…for thou hast made us for thyself and restless is our heart until it comes to rest in thee…” --- Confessions, Book 1 Chapter 1, St. Augustine  
- “Sapagkat nilikha Mo kami upang sa Iyo’ry makauwi kaya’t ang puos na nili’y hindi mamahinga hangga’t hindi ito nananahan sa Iyo.” - salin sa Filipino ni Fr. Roque Ferriols, SJ  
- Gen 1:1-2:4a (1st Creation narrative)  
- Mark 12: 41-44- Widow’s Offering/Mite  
  - Video Interview: “Asawa ni Alden (Torres)” (May 12, 2011, 1:30PM, Chapel of Our Lady of Assumption, Assumption College)  
- CFC 913- The Eucharist is the prayer of Thanksgiving to God for life and for all salvation through Our Lord Jesus Christ...It offers in a unique way a foretaste of the ‘rest’ which completes God’s work of creation and of redemption.  
- CFC 918- Basically the rest… means a rest in God’s presence.  
- CFC 922 – The Third Commandment prevents us from absolutizing us our own achievements by preserving the sense of God’s gracious presence.  
- Laborem exercens (JP II)-“ Man is made to be in the visible universe an image and likeness of God himself, and he is placed in it in order to subdue the earth. From the beginning therefore he is called to work.” | **W:** Express their gratitude to God by worshipping God in the Eucharist.  
**D:** Understand that God is the source of everything good that we should be thankful for.  
**M:** Concretize their gratitude to God by their daily acts of loving service to others. |

The participants are led to:

- **W:** Express their gratitude to God by worshipping God in the Eucharist.
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### Human Experience Before

**Profile:** Target audiences are manual laborers (janitors, canteen staff, maintenance staff, concessionaires, security guards) from a private school, with age range of 18-50 y/o, who are minimum wage earners. Some of them are under agencies (sub-con) while some of them belong to direct hiring of the school. Most of them are contractual workers with no security of tenure, with no work-no pay conditions. They either single, married (civil or in Church), some are separated or widowed. It is a common case that they are the breadwinner of their family. Most of them are Catholics while some are from various Christian denominations. School barely includes them in faculty/personnel development programs.

- They give more priority on home-making or extra-income generating activities ‘side-line’ over Sunday Mass (Ang ipagsisimba ko ay ipaglababa ko na lang o kaya isa-sideline ko nalang) or if they view this as a family day they would rather go to mall than church, or recreate by drinking, cock-fighting, tong-its/pusoy/lucky 9, mahjong, and the like.
- They view their work as their only bread and butter (they live to work). They have this attitude because they earn below the minimum wage. It is a common case that they are the breadwinner of their family. They have this inkling of sense of gratitude (often exclaim, “hay salamat sa D’yos!” after accomplishing a tough work) but not expressed in the context of the Holy Eucharist.
- They are family centered wherein most of them work in order to attend to the financial needs of the family. However, they are not aware of the service and life giving dimension of their work.

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### Human Experience During

**During the recollection, the participants are:**

- Shown the truth that work only finds its fulfillment at rest in God and that its most sublime expression is by celebrating the Eucharist, the Sacrament of Thanksgiving.
- Immersed to the truths that evoke their sense of gratitude for having work amidst their difficult socio-familial-economic situations — that in spite of their poor situation “May awa rin ang Dyos” which have to be thanked for and thus offer this gratitude to God in the Holy Eucharist.
- Shown that true ‘Rest’ in God is fulfilled and expressed through and offered in the Eucharist and in one’s loving service to others.

### Human Experience After

**The participants are led to:**

- Celebrate the Eucharist regularly and meaningfully, most especially on Sundays as expression of their gratitude to God.
- Work joyfully and meaningfully with the sense of gratitude to God who graces them the ability and opportunity to work.
- See and live out the value of their work as not only for their own sake but as an act of life-giving to others.