GROUP 1 HIGH SCHOOL
TOPIC: Jesus Calls Us to Respect Life
AUDIENCE: 3rd year High School (14-15 yrs. Old) (COED) (Urban, Private Catholic High School, Middle class)
TIME FRAME: 2nd of 2 Sessions

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| **Morals** – We must promote practical care and respect for the life and dignity of all persons. (CFC 1028) | **Sacred Scripture:** Mt. 5:21-26  
**Teaching About Anger**  
**Church Teaching:**  
CFC 996 - To follow Christ means to concretely do our best to defend, maintain, and promote the dignity and value of human life. | This lesson is ordered to enable the students to understand that:  
**M** – We respect life through our thoughts, words and actions towards others.  
**D** – The dignity of human life is grounded in God.  
**W** – We praise God for the value of our being. |

| **Doctrine** – All human life has its basic value and dignity because we are all created in God’s image and likeness. (CFC 1028) | **Means:**  
1. Picture Analysis  
2. Reading and discussion of the “Teaching about Anger”.  
3. Discussion of the different offenses against life like bullying (e.g. saying bad words, teasing, insulting, making fun of others), gossiping/backstabbing, hurting (e.g. hurting others physically like in fights), etc. How these offenses can be a cause of death. And Christ to be reconcile to God and others.  
4. Homework: I am a Life Giver  
• In one whole sheet of paper, the students will be asked to make a 1 page reflection paper on how have they been life-giving to the people around them.  
5. Reflective Closing Prayer: “Psalm 8:5-6” | |

| **Worship** – “What are humans that you are mindful of them, mere mortals that you care for them? Yet you have made them little less than a god, crowned them with glory and honor.” (Psalm 8:5-6) | **Human Experience Before**  
Most of the students take for granted the value of life which God has given so they continue abusing others through bullying (e.g. saying bad words, teasing, insulting, making fun of others), gossiping/backstabbing, hurting (e.g. hurting others physically like in fights), etc. The students’ understanding on the Fifth Commandment is just limited to taking human life. | **Human Experience During**  
The students will understand that God gave us our lives and our bodies so that we would be able to serve ourselves, our neighbors and above all else, God Himself. It is therefore, our responsibility to take care of our lives and the lives of others, by avoiding actions that shows lack of respect for life. To be Jesus Christ’s disciples’ means to concretely do our best to respect life by maintaining, defending and promoting the dignity of life. And it also involves Jesus call for us to be reconciled not just to God but most especially to the persons in the community. Jesus intensified the commandment by forbidding even anger. In the story, Jesus goes to the root of killing, and reveal anger of the heart as the real menace (CFC 1031). Thus, anger results to bullying, gossiping/backstabbing, hurting. | **Human Experience After**  
The students will value more deeply the sacredness of life thus it must be cherished, respected, valued, and upheld even in simple actions that they do everyday as they relate to others in the community. |

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