**GROUND PLAN**

**AUDIENCE:** High School Student  
**TOPIC:** Jesus’ Presence in the sacrament of the Holy Eucharist  
**PROBLEM:** There is no full, active and conscious participation in the Eucharist  
**LEVEL:** Second Year  
**KIND OF MATERIAL:** Technological Materials  
**NUMBER OF SESSIONS:** 45 minutes session

<table>
<thead>
<tr>
<th>CHRISTIAN MESSAGE</th>
<th>SOURCE/MEANS</th>
<th>OBJECTIVES</th>
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<tr>
<td><strong>Worship:</strong></td>
<td><strong>Sources:</strong></td>
<td>At the end of the lesson, the students will be able to:</td>
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<td>In the Eucharist we celebrate Jesus’ presence in the consecrated bread and wine</td>
<td><strong>Sacred Scripture:</strong></td>
<td>Worship:</td>
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<td><strong>Doctrine:</strong></td>
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<td>• Identify proper behaviors on how show gratefulness and sensitivity to the presence of Jesus in the Eucharist</td>
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<td>Jesus is the son of God made man (Incarnation).</td>
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<td>• Evaluate one’s attitude towards the Eucharistic celebration</td>
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<td><strong>Moral:</strong></td>
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<td>Doctrine:</td>
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<td>The presence of Christ in the Sacrament of the Holy Eucharist moves us to act and live like Him.</td>
<td><strong>Sacred Scripture:</strong></td>
<td>• Explain how Jesus is truly present in the Holy Eucharist;</td>
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<td><strong>SOURCES:</strong></td>
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<td>Moral:</td>
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| **The Last Supper (Lk 22:19-20)**  
Then He took the bread, said the blessing, broke it and gave it to them saying, “This is my body which will be given for you. Do this in memory of me.” And likewise, the cup after they had eaten saying, “This cup is the new covenant in my blood which will be shed for you.” | | • Identify ways on how practice and live out Christ’s presence in the Eucharist, especially in dealing and relating to others (school, family and community) |
| **Incarnation (John 1:14)**  
And the Word became flesh and made his dwelling among us and we have seen his glory, the glory of an only Son coming from the Father, filled with enduring love. | | |
| **Jesus Cures a Paralytic (Matthew 9:2)**  
Here they brought a paralyzed man to Him lying on a bed. Jesus saw their faith and said to the paralytic, “Courage, my son! Your sins are forgiven.” | | |
| **Cure of a Leper (Matthew 8:2-3)**  
Then a leper came forward, he knelt before Him and said, “Sir, if you want to, you can make me clean.” Jesus stretched out His hand, touched him and said, “I want to be clean again.” At that very moment, the man was cleansed from his leprosy. | | |
| **The Blind Man in Jericho (Mark 10:50-52)**  
He immediately threw aside his cloak, jumped up and went to Jesus. Then Jesus asked him, “What do you want me to do for you?” The blind man said, “Master, let me see again.” And Jesus said to him, “Go your way, your faith has made you well.” And immediately, he could see, and he followed Jesus along the road. | | |
### CHURCH TEACHINGS:

- Vatican II (Sacrosanctum Concilium 14)
  
  *Mother Church earnestly desires that all the faithful should be led to that fully conscious, and active participation in liturgical celebrations which is demanded by the very nature of the liturgy.*

- Catechism for Filipino Catholics

  **CFC 1722:**
  
  *Within the Eucharistic celebration itself, Christ is really present in the assembly itself gathered in His name, in the person of the minister, in His Word, and indeed substantially and unceasingly under the Eucharistic species. Christ's presence in the consecrated bread and wine is called “real” not to exclude all other types of presence, but because it is present in the fullest sense, a substantial presence by which Christ, the God-Man, is wholly and entirely present.*

  **CFC 1724:**
  
  *How can we describe this personal presence of Christ in the Eucharist?*
  
  - **Sacramental** – an objective presence, through the signs of bread and wine, seen through the eyes of FAITH of the faithful
  - **Dynamic and lasting** – in the consecrated bread and wine, which are dynamic and lasting “effective signs” of his love for us, and inviting us to respond in love.

  **CFC 1727**
  
  *Transubstantiation* – by the power of the Holy Spirit the earthly substance of bread and wine is change into the substance of a glorified body and blood of Jesus Christ

### RESOURCES:

- **Maturing in Jesus Christ II**
  
  Sr. Aileen Bonifacio, SPC, etc.
  
  pp 152-154

### MEANS:

- Presentation and sharing of memorabilia
- Question and Answer
- Charade
- Analyzing pictures and situations
- Creative questioning/Brainstorming
- Classroom discussion
- Faith Sharing/Sharing of Experiences
- Journal-Writing
Context:
- The students are not active during the celebration of the Eucharist.
- Some students are not aware and conscious of the presence of Christ in the consecrated bread and wine.
- The students do not have the proper disposition when receiving Communion.

Lesson Proper:

I. Activity

“Memorabilia”
The students will be asked to present and share to the whole class the object or symbol that has a sentimental value to them.

Question:
- Why is this object important to you?
- How does this object remind you of?
- How do you value these objects?

Segue/Transition Statement:
We value these objects because they remind us of the presence of our loved ones or the giver. Last meeting, we have learned that in our Christian faith, Jesus is present in the assembly gathered together, in the very person of the priest, and in the reading during the Liturgy of the Word.

- Which part of the Eucharist can you still recognize the presence of Jesus Christ? What symbols are used during this part of the Eucharist?

(We expect to get these answers from the students: Consecration of the Bread and Wine, Holy Communion; Host and Wine for the symbols)

Questions:
- During communion what do you notice of people’s behavior or attitude? What about your attitude?
- Does your attitude and the others show recognizing and valuing Christ’s presence? Why?

Segue/Transition Statement:
We should value and respect the bread and wine because Jesus is present in these symbols. **(Christian Message: Worship)**

II. Christian Message

**Statement:** Just like the memorabilia which reminds us of the love and presence of our loved ones, God showed His love for us by giving His only Son, Jesus Christ, to become human and teach us how to live and love.

**Incarnation (John 1:14)**
And the Word became flesh and made his dwelling among us and we have seen his glory, the glory of an only Son coming from the Father, filled with enduring love.

Activity: Picture Analysis

**How can you be a Christ presence on the following situations? Why?**

The students will be asked to write their answers to this question. Sharing of answers to the whole class will be done afterwards.

**Generalization:** *(Assignment)*
- What are your learnings/insights from the lesson?
- How will you apply this into your daily lives?
This love continues to become present in the sacrament of the Holy Eucharist.

- **The Last Supper (Lk 22:19-20)**
  
  Then He took the bread, said the blessing, broke it and gave it to them saying, “This is my body which will be given for you. Do this in memory of me.” And likewise, the cup after they had eaten saying, “This cup is the new covenant in my blood which will be shed for you.”

  (A picture of the Last Supper will be shown during this part of the lesson.)

- **CFC 1727 Transubstantiation** – by the power of the Holy Spirit the earthly substance of bread and wine is change into the substance of a glorified body and blood of Jesus Christ. This happens during the Consecration.

- **CFC 1724** How can we describe this personal presence of Christ in the Eucharist?
  - **Sacramental** – an objective presence, through the signs of bread and wine, seen through the eyes of FAITH of the faithful

  **Activity: Charade**
  
  Volunteer students will be asked to portray 3 of the Gospel passages showing Christ making Himself present to the people in need. The rest of the class will guess the charade.

  - Jesus Cures a Paralytic (Matthew 9:2)
  - Cure of a Leper (Matthew 8:2-3)
  - The Blind Man in Jericho (Mark 10:50-52)

  - **Dynamic and lasting** – in the consecrated bread and wine, which are dynamic and lasting “effective signs” of his love for us, and inviting us to respond in love.

  **Question:**
  
  Basing on the charade and the idea of Christ’s presence as dynamic and lasting, as Christians, what does it call for us to do?