**Lesson Plan**

I. OPENING PRAYER: Spontaneous Prayer about trust in God by the Teacher

II. MOTIVATION: Trust Walk
1. Choose a pair of pupils who are friends, one to be blindfolded and one as guide.
2. Let the guide direct the blindfolded student from one place to another.
3. Process the activity by asking:
   a. What did you feel while walking blindfolded? Why?
   b. Would you do the same activity with your friend? Why?

III. LESSON PROPER

A. Video Clip Analysis
   1. **Guide Question**: How did Mary show her trust in God?
   2. **Video Clip Watching** (6 Minutes)
   3. Analysis:
      a. What did you like in the video?
      b. Did Mary always trust God?
      c. How did Mary show her trust in God?

B. Group Sharing
   The pupils are encouraged to share their own experience of trusting other people who are close to them. Example: mother, father, sibling, etc.

C. Deepening/ Grounding
   1. **Luke 1:26-38** (Announcement of the Birth of Jesus)
   2. **Luke 2:1-14** (The Birth of Jesus)
   3. **CCC 227**: Talks about trusting God in every circumstance, even in difficult situations.

A prayer of St. Teresa of Jesus wonderfully expresses this trust:

“Let nothing trouble you / Let nothing frighten you everything passes / God never changes patience / obtains all whoever has God / wants for our nothing God alone is enough.”
Most of the time, we are afraid of things we don’t know and of the situations that are new to us. Remember that God is with us, we have nothing to worry or be afraid of.

Mary was not afraid because she trusted God. So, every time you are confronted with fear, think about God, and pray to him. Mary is our example of trusting God. We should imitate her example, so like her, we can have a loving relationship with God. We can also trust our parents and other people who show their love and care for us. We should always thank God for giving us Mary as our example of trusting Him.

D. Integration

The teacher will display pictures inviting pupils to exercise their judgement on situations where they show trust in God.

E. Summary: Sentence Completion

Complete the following sentences:

1. We believe that Mary __________________________.
2. We follow the example of Mary by __________________________.
3. We ask God to help us to __________________________.

IV. EVALUATION

Homeowrk:

Write a simple prayer of trust in God. (example: God, please help me to trust in You when I am ____________)

Closing Prayer: Psalm 25: 2

O my God, in thee have I trusted, Let me not be put to shame; Let not my enemies triumph over me.