HUMAN EXPERIENCE BEFORE:

The youth today prays, or wants to pray but they are often influenced with secularism, addiction to technology, and narrow materialism. More so, some of them are attracted to notions of self-sufficiency which they find validity in beliefs like Atheism and Agnosticism.

The Y generation seems to lose a sense of God and a sense of His active presence and providence in their lives. Therefore, they fail to see the importance of authentic prayer and the power brought about by being faithful to their prayer-life. Also, if ever they do pray, their intentions are often inclined solely on satisfying their selfish desires.

Yet, there is hope. Though grappled with much secularism and pluralistic ideologies, they hold in their hearts a deep longing to connect, to “plug in” to “a someone” who would lead them to finding deeper meaning in their lives.

HUMAN EXPERIENCE DURING:

I. Pre-Lectio:

Students’ lack of awareness of the necessity of prayer and their inclination on self-serving intentions within their prayers.

II. Lectio:

• Springboard Discussion
  ▪ Story: Simple Prayer
    Q1. What did the child pray for?
      2. Were you surprised after knowing the boy’s prayer? Why?
      3. Why do you think the boy prays this way? What’s different about him?

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<th>Why did the child pray?</th>
<th>What did the child pray for?</th>
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Linking Q: What is prayer? What is Christian prayer?

• Discussion:
  A. Definition
    ▪ CFC 1475-1476
    ▪ FABC II, 14 “Christian prayer is our conscious personal communion with God our Father, in Jesus Christ. It is the fruit of the Holy Spirit working in our hearts (cf. Rom. 5:5), enabling us to turn to God and with confidence call him Father (cf. Rom. 8:16; Gal 4:6). This prayer, we know, is always a free gift of God.”

• In Depth-Analysis
  i. Reflection on their prayer intentions

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<th>Why do you pray?</th>
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  ▪ CFC 1479 – Prayer as a grace of God.
  ii. Jesus as the Model & Teacher of Prayer
    ▪ CFC 1482 - In the New Testament, Jesus as always praying.
    ▪ 1 minute Video Clip (Agony in the Garden)

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  ▪ CFC 1297 – Jesus praying to the Father, strengthened by the Spirit
  ▪ Heb. 5:8-9 “Son, though He was, He learned obedience from what He suffered, and when perfected, he became the source of eternal salvation for all who obey him.”
  ▪ CFC 1488-1489 – Christ’s personal and communal prayer
  ▪ Parallelism among the boy in the story, the student’s, Jesus Christ’s intentions in their prayers and how these tells something of how they see themselves before God.

iii. The Heart of Christian Prayer

  ▪ CFC 1486- “putting on Christ”
  ▪ CFC 1494 – prayer-relation as a process of growth & deepening
In a Nutshell:
A. "The immediate person thinks and imagines that when he prays, the important thing, the thing he must concentrate upon, is that God should hear what he is praying for. And yet, in the true, eternal sense, it is just the reverse: the true relation in prayer is not when God hears what is prayed for, but when the person praying continues to pray until he is the one who hears, who hears what God wills. The immediate person, therefore, uses many words and, therefore, makes demands in his prayer; the true man of prayer only attends." - Soren Kierkegaard
(You Have Chosen to Remember, p. 264)

B. In our prayers, we are not to change God.
In our prayers, we are to allow God to change us.

C. In our life, we pray until our life becomes our prayer.

HUMAN EXPERIENCE AFTER:

III. Integration

- 10 minute video clip (Clips from “Bruce Almighty”)
- FABC II, 25 “Only if the young learn to dialogue with God in the different situations of their personal lives and to surrender themselves to Him, can they grow into fully Christian persons who strive to overcome selfish individualism and to develop toward that freedom whereby they place their lives at the service of others.”
- FABC II, 27 “More than ever there is need of integrating our Christian prayer into everyday life: authentic prayer has to engender in Christians a clear witness of service and love. In the midst of growing secularism and unbelief, in the face of man’s sense of complete self-sufficiency, it is the service of total self-giving to others, even to laying down one’s life for them, which gives the most eloquent witness of of the presence of God in the world.”
- CFC 1553 -1554

IV. Assignment/Assessment:
- Make your personal TRINITARIAN prayer.

Themes:
1st Paragraph: Praise & Thanksgiving to God the Father, Son & Holy Spirit
2nd Paragraph: A Prayer of Trust & Surrender to God’s love and God’s perfect plan
3rd Paragraph: Enumerate concrete ways in which you could love and serve God and others. End it with a prayer of offering them to God.

V. Closing Prayer:
- “Lead Me Lord” with slide presentation

Note: The following topics are to be covered for the next meeting.

A.” Our Father” or “The Lord’s Prayer”
B. Types of Prayer
C. Expressions of Prayer
D. Prayers in Scripture

College Group:
- Rochelle de Castro
- Zarina G. Jarabelo
- Hadje Sadje
- Prince Tan